



SENDING SENIORS SMILES

HOLIDAY LETTERS & CARDS CAMPAIGN

DON'T KNOW WHAT TO WRITE?

PLEASE DON'T LET THAT STOP YOU FROM PARTICIPATING. EVEN THE SIMPLEST GREETING CAN HEAL A LONELY HEART.

EXAMPLES:

VERY SIMPLE

"KEEPING YOU IN MY THOUGHTS. HAVE A HAPPY, HEALTHY NEW YEAR."

SIMPLE

"I JUST WANTED TO LET YOU KNOW THAT YOU'RE NOT ALONE.

MANY PEOPLE ARE THINKING OF YOU, INCLUDING ME. I HOPE YOU HAVE A HAPPY, HEALTHY NEW YEAR."

A PERSONAL TOUCH

"MY NAME IS MARY. I'M SITTING HERE WITH MY THREE CHILDREN AND OUR BULLDOG GINGER. WE'RE HERE THINKING OF YOU AND WANTED YOU TO KNOW THAT YOU'RE NOT ALONE. MANY PEOPLE CARE, INCLUDING US. WE HOPE YOU HAVE A HAPPY AND HEALTHY NEW YEAR."

PLEASE KEEP YOUR NOTE POSITIVE AND UPBEAT. REFRAIN FROM TALKING ABOUT ILLNESS OR POLITICS.

IF YOU WANT TO WRITE A LONGER NOTE, HERE ARE SOME SUBJECTS YOU MIGHT CHOOSE TO INCORPORATE:

- WEATHER
- A CREATIVE PROJECT YOU'RE WORKING ON (KNITTING, FOR EXAMPLE)
- PETS
- SOMETHING YOU COOKED OR BAKED FOR THE HOLIDAYS
- VOLUNTEER WORK YOU DO
- WHAT YOU DO FOR A LIVING (KEEP IT POSITIVE)
- A SILLY MISTAKE YOU MADE (LIKE USING HAIRSPRAY TO POLISH A TABLE)

IT IS OPTIONAL TO INCLUDE YOUR LAST NAME AND ADDRESS. IF YOU WORK WITH SENIORS WHO MAY NEED SOME CHEER, CONTACT US TO BE A RECIPIENT.

THANK YOU SO MUCH FOR CARING ABOUT OTHERS.