



Meet Dr. J.K. Kuan, owner of Prosperity Health Center

There is nothing more revealing when walking into a business than the atmosphere you find yourself in once you cross the threshold. It's your first impression of that business as your mind initiates its assessment of whether to return. The significance of that fact was not lost on Dr. J.K. Kuan as he began his health center nearly a decade ago.

When walking through the doors of Prosperity Health Center, you are instantly immersed in calm and tranquility. Soft instrumental music, an unimposing aromatherapy scent, and gentle colors greet your senses and coax them into wanting to relax and breathe, to ease tensions, and restore some balance. You quickly realize you are in a special place.

Dr. Kuan opened Prosperity Health Center with a vision of combining his knowledge of both Western and Eastern practices to provide a balanced approach to care. His goal was and remains to help people take a more active and responsible role in restoring and maintaining their health. He has been able to establish comprehensive programs that utilize such things as nutrition, chiropractic, acupuncture therapy, traditional Chinese Medicine, therapeutic massage, Tai Chi, Yoga, and Qi Gong. As you learn more about the center and the common symptoms and conditions that are treated there, you can't help but notice Dr. Kuan's passion and complete commitment to his vision and goals. These extend into his own life where he actively lives this balanced approach and serves as an example to all that come seeking help and advice. It came as a surprise, however, to learn that Dr. Kuan's initial career choice was not at all related to the field of health.

Born and raised in Taiwan, Dr. Kuan came to California and began working as a Systems Analyst for IBM. Over time, he began to develop shoulder pain and sciatica issues. Friends in the fields of chiropractic and acupuncture encouraged him to let them treat him. Once he acquiesced, he was astounded at how great he felt and how well their treatments worked. It was truly a transformative experience that led him to eventually enroll in Southern California University for Health Sciences to pursue a new profession in Chiropractic and Acupuncture and leave his established career behind.

After successfully completing both those programs at the University, he eventually came to NJ upon a convincing request to join a practice in Hamilton. From there, Dr. Kuan spent time working in a clinic and with a physical therapist in Morganville. He eventually decided to look for a space to open up his own business. Matawan had the space and location he needed to open his Prosperity Health Center.

When asking Dr. Kuan to explain qualities of his practice that are unique from other such practices, he stated without hesitation, his approach: merging and blending both his understanding of Eastern culture and medicine with his Western training. He has created an exceptional balance and integration of the two offering supplements

guidance, food/nutrition therapy, dietary, weight loss, exercise, and mind and energy balance. Back pain, joint pain, migraines, fertility support, insomnia, depression/anxiety, smoking cessation, IBS, osteoarthritis, sciatica, and Carpal Tunnel Syndrome are just some of the common conditions that are successfully treated there.

Dr. Kuan summed it all up with this: it is a “holistic integrated mind and body approach to learning sustainable healthy lifestyles.

The majority of new patients come from referrals of existing patients. They simply believe there is no better place for their family and friends to go than Prosperity Health Center. It is a true testament to Dr. Kuan and the success of his programs. After nearly ten years in Matawan, Dr. Kuan is happy with the success he has found here and the community of people he has gotten to know.

Dr. Kuan is accepting new patients to Prosperity Health Center located at 953 Rt. 34, Suite 207, Matawan, NJ 07747. For information go to www.prosperityhealthcenter.com. Call to schedule a free consultation at 732-696-8282 and begin to relax and breathe knowing you are in excellent hands.

