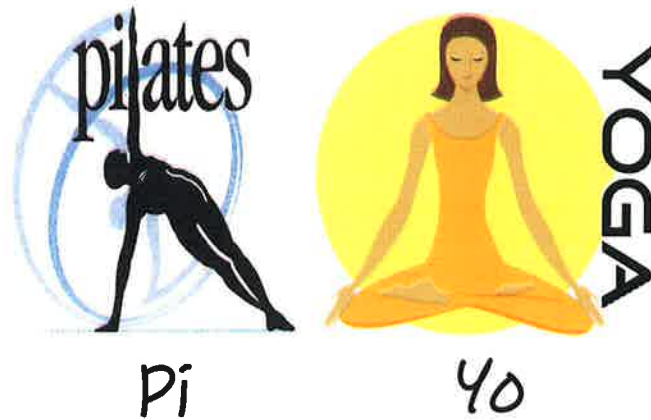


Borough of **MATAWAN** *New Jersey*

MATAWAN'S PIYO 2019



PiYo

combines the muscle-sculpting, core-firming benefits of Pilates with the strength and flexibility advantages of yoga.

Join us Wednesdays at 6PM for this great new class!

Lily will be returning as instructor to deliver a true-fat burning, low-impact workout that leaves your body looking long, lean and incredibly defined.

\$50.00

For 8 Wednesdays at the Community Center 201 Broad Street at 6PM

April 3, 17, 24

May 1, 8, 15, 22, 29

Must be registered with the Department of Recreation

Borough of **MATAWAN** *New Jersey*

MATAWAN'S PIYO 2019

REGISTRATION

NAME _____

ADDRESS _____

PHONE _____

EMAIL _____

Wednesdays at 6PM at Community Center



Checks payable to the Borough of Matawan

Must be registered with the

Department of Recreation

Any questions, please call 732-566-3898

x130

April- 3, 17, 24

May- 11, 8, 15, 22, 29

